St Ralph Sherwin
Catholic Multi Academy Trust

Coughs and Colds COVID-19 Guidance

Would you have kept your child off school before COVID-19?

Yes: Keep your Child off school.

No: Do they have

1. A new continuous cough?
2. A fever (high temperature over 38°C)
3. A complete loss or change of taste or sense of smell?

Yes: Keep your Child off school and at home.

Call 119 or go to www.gov.uk/coronavirus and arrange a COVID-19 test. You and your household MUST SELF ISOLATE until you have a negative result from this.

No: Does your child have an underlying chronic medical condition such as cystic fibrosis?

Yes: Speak to your child specialist team about testing criteria unless you have already spoken to them or had a letter in the post telling you when to worry.

No: If your child has any of the below but is otherwise well, they can attend school AS NORMAL

1. Runny nose
2. Sore throats and no fever
3. Mild colds